



NEWSLETTER

A message from the Coordinator

Dear families/guardians,

Welcome to our Fortnightly Newsletter for term 3 – we are looking forward for the exciting program ahead and look forward to working collaboratively with you in the coming weeks. Please do not hesitate to approach me should you wish to provide any feedback or suggest ideas you wish to see within our service.

A few friendly reminders...

- Please ensure your bookings and cancellations are made 24hrs prior to avoid any additional charges.
- For last minute bookings please text/call us directly on 0455 948 625 or email gardenersroad@oshclub.com.au – please do note that we will do our utmost to support you where possible, however due to staff to child ratios last minute bookings are not confirmed until the coordinator has responded that your child has been booked for the session. Our Coordinator will be on site between 7:00 – 9:00am and between 2:30 – 6:00pm.
- Please remember an authorised guardian must sign in and sign out your children. To set up an authorised guardian please add them to your online accounts, otherwise feel free to contact us or the Accounts team for support. The electronic log acts as your signature, thus for any emergency pickups/ drop offs the centre must be provided with written notice with the guardian's full name and date of birth for ID purposes.
- Now that it's a new financial year absent days recommence; please note you are only entitled to 42 absent days without documentation, thus it may be of benefit to provide us with a certificate whenever your child is unwell. If your child is away both in the morning and afternoon that will count as 2 absent days. Please be advised that if your child is absent on their last day of care, you will be charged full fees for that session. Attached is a link of the absent days: <https://www.humanservices.gov.au/individuals/services/centrelink/child-care-subsidy/how-manage-your-payment/if-your-child-absent-from-child-care>

We have received the new Vacation Care brochure for Spring 2019 (Monday 30th September – Friday 11th October). We have some printed copies available near the sign in/out iPad; alternatively, just ask one of our team members and we can easily email you another copy.

Kind regards,
Chrissy

OSHClub News

Happy last month of Winter our OSH avengers,

We have had a fun-filled, action packed first few weeks back for term 3.

Cooking experiences are taking place on Tuesday and Thursday Afternoons with a variety of sweet and savory treats available for our children to expand their taste buds. Tied into our Garden program we are hoping to teach our children more about healthy eating choices.

We have held a wonderful fashion show challenge that brought out our budding young designers and creators. We have also had an opportunity for the group to create their own comics, make pinatas, draw their own designs – to name a few; it is been fantastic to see the children embark on their creative projects as we assist in supporting them develop their interests through expression.

We place a high importance on supporting active play, we have seen the children engage in many games and sporting activities; our more popular interactions have included gymnastics, volleyball, Oz tag, soccer, netball, and tennis. Our children even got involved in a Ninja warrior course, which saw many exciting and supported challenges faced and accomplished!

Over the coming weeks we are eager to continue facilitating a variety of experiences for our attending children and are looking forward to all our upcoming projects coming to life – stay tuned!



Gymnastics lessons



Ivy's Fashion challenge



Excited over our pinata goodies



Hair threads and beads, so cool!



Eva showing off her creation!



Talented little artists!



Soccer club



The boys creating their own comics



Experimenting with ramps

Nutrition and Vitality

We place a high importance on promoting healthy eating within the service; we kindly ask if you have any yummy suggestions to share please do so – we would love to incorporate any homemade tasty options that you enjoy at home...

Please see our suggested recipe for the fortnight... mmm tasty!!

Recipe of the Fortnight: Pasta Bake

Ingredients:

- Pasta (wholemeal)
- Light Tomato bake sauce
- Fresh basil
- Mozzarella cheese
- Milk
- Flour

Instructions:

1. Cook pasta until nearly done (see packet for suggested cooking time, undercook by a minute or two)
2. Drain pasta and add into a ceramic dish
3. Add the pasta and bake sauce, and stir through
4. To make the cream sauce; mix in the cheese, butter, flour and milk in a separate pot and stir on a low heat until it has thickened
5. Add cream sauce to the pasta and tomato sauce, then sprinkle with mozzarella cheese on top
6. Bake in oven on 180 degrees for 35-45mins.



7.

OSHClub Team Star

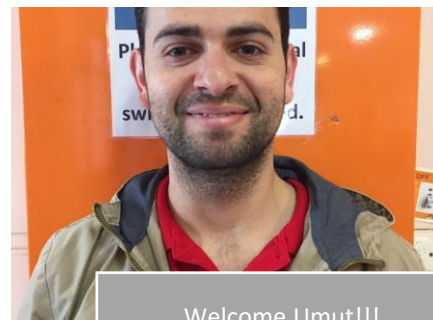
Employee of the Month:

Umut, our Assistant Coordinator

We welcome Umut as our Assistant Coordinator. Umut has supported many different services across the Sydney region, and we are excited to have Umut mainly support Gardeners Road during before and after school care. Umut will continue to provide ongoing support to other service when needed.

Umut likes to play soccer, touch rugby, dodgeball, bull rush and survival tag with the children, and also enjoys discussions with the children to better understand their thoughts and needs to provide the best possible care.

Please do not forget to say hello to Umut



Our Community

Our service is seeking ways to get more involved with the outer community and we are eager to give back in any way we can. Over the coming weeks we will be looking to generate a community bucket, which we will give to the RSPCA. We endeavour to welcome an RSPCA representative in to our service at some stage this year and would like to welcome them with a variety of items they can take back to the animals they are currently taking care of.



We are needing support with this, so we kindly ask if you have any unused water bowls, leads, collars, toys, unopened treats, beds, cushions, towels, blankets etc. – anything that our furry friends could benefit from; please bring these along to add to our donation bucket. We will be creating our donation bucket with the children. Please communicate with our team if you have any community engagement ideas, we would love to get involved!